

## **Supporting Families - Family Partners:** Responding to family issues

Getting alongside families to provide hands-on, practical help

- Chaotic family life with lack of basic routines
  - ✓ Putting routines in place / getting children to school
- Poor diet, exercise and sleep patterns
  - ✓ Work with the family to improve family health through planning healthy meals / accessing basic cooking courses
- Poor parental boundaries around child and young people's behaviour
  - ✓ Helping parents to put in place routines, expectations and boundaries
    / access to parenting courses or behavioural change courses
- Substance misuse or addiction
  - ✓ Helping families to acknowledge their strengths and needs / access to specialist support
- Domestic Abuse / Crime / Mental-health difficulties / Physical ill-health and disability /Traumatic events such as bereavement
  - ✓ Linking families to appropriate agencies to work on long-term embedded difficulties
- Threat of homelessness through eviction
  - ✓ Working with housing providers to keep families in their homes
- Money worries or debt often involving rent and utility arrears
  - ✓ Working with housing around appropriate provision / adaptations
  - ✓ Helping sorting out family finances / benefit entitlements / welfare changes and/or access to training on pathways to work
- Hygiene and cleanliness problems or Hoarding taking up family houses and gardens
  - ✓ Provide direction/support in clearing/cleaning properties
- Lack of basic household equipment (children's bedding, white goods) and/or Lack of food, clothing or shoes
  - ✓ Providing for basic needs through local resources
- Support is regular, initially intense and time-limited (3-12 months)
- Delivered on a one-to-one basis in the family home and tailored to the specific needs of the whole family
- Family Partners assist in navigating families through internal and external intervention services, liaising with agencies and accessing appropriate support.
  Agencies/partnerships include:

DWP Job Centre Plus
CBC Children's Services
Bedfordshire Youth Offending Service
BeNCH Community Rehabilitation Company
Bedfordshire Fire Service
CBC Social Housing
Aragon Housing
Public Health Service

Schools
CBC Community Safety
Bedfordshire Probation Service
Bedfordshire Community Police
CAN Partnership
Aldwyck Housing
Bromford Support
East London FoundationTrust