

Central  
Bedfordshire

**great**  
lifestyles



# Supported Housing

## Red House Court extra care scheme

Welcome to independent living  
with Central Bedfordshire Council extra care.

**A great place to live and work.**

Find us online



[www.centralbedfordshire.gov.uk/sheltered](http://www.centralbedfordshire.gov.uk/sheltered)

# Extra care supported housing

## What is extra care supported housing?

Moving to supported housing extra care accommodation is a great option. Central Bedfordshire Currently operates one extra care scheme Red House Court in Houghton Regis

This type of housing is built with the needs of older people who have care needs in mind. The design and variety of the accommodation, along with the facilities and services provided, create a living environment where people can lead independent lives whilst enjoying security, comfort and peace of mind.

Whether you enjoy your own privacy or wish to make friends, extra care supported housing has something to offer everyone.

### The scheme

Red House Court is an extra care supported housing facility which is located in the centre of Houghton Regis. The scheme comprises of 33 one bedroom flats which are located on three floors, all accessible by lifts. The main shopping area of Houghton Regis is within easy walking distance and the scheme is served by good bus links to Dunstable, Luton and Leighton Buzzard town centres.



Red House Court in Houghton Regis.

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## **Your Independent Living Officer - ‘Your welfare is our top priority’**

The Council’s role is to help people stay independent for longer in their own homes. Your Independent Living Officer is available to make sure that you can live as independently and comfortably as possible. The officer will provide support to you via two personal contacts per week. These checks are carried out not only to make sure you are safe and well but also to help you to complete forms, arrange appointments or make contact with other organisations and people if required e.g. social care.

### **What does it look like? What are the benefits?**

At Red House Court we offer the following:-

## **Accommodation - ‘Your private space’**

### **Self contained flats**

- one bedroom
- living room
- modern kitchen
- bathroom with level access shower
- four specially adapted flats for the disabled

### **Guest room**

For a small charge we offer guest room facilities

- twin beds
- toilet

# Extra care supported housing

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## Facilities

Our Extra Care Supported Housing Scheme has the following facilities

### **‘More than just a home’**

#### **Communal areas**

- computer facilities
- secure landscaped area to the rear
- two communal lounges one of which can be used for events
- fully equipped laundry
- gift and book clubs
- visiting library and library on site
- provision for disabled residents including wheel chair access to communal areas.
- lift

### **‘Keeping you safe and secure’**

#### **Security**

- alarm call system
- secure door entry system
- staff on site

### **‘A great place to live’**

#### **Social life**

Most schemes have a large and varied social calendar but you won't be forced to join in if you'd prefer not to. Examples of events include:

- film nights
- exercise classes
- weekly card games. Scrabble and Bingo
- coffee mornings
- pub lunches
- meetings
- parties



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## **Support and homecare facilities**

The support and homecare services are a key feature of extra care supported housing. They not only provide a 24 hr a day, 7 days a week response service for emergencies, but care needs are assessed and catered for by an on-site team including personal care, meal preparation and providing assistance with getting in and out of bed if appropriate.

Care costs are administered separately by Central Bedfordshire Council and will depend upon the amount of care that is required. For people with low income there is also some financial support available towards the cost of the service. Information about care charges and other subsidies available can be obtained by contacting your local Central Bedfordshire Council social care team.

## **Applications and visiting**

### **Who can apply?**

Anyone who is aged 55+ and has care needs can apply whether their present home is rented or owned.

All applicants for Central Bedfordshire Council extra care supported housing are assessed on a priority waiting list. This process will be explained in full should you wish to make an application.

### **How do I apply?**

For an application form or further information about Red House Court or any other extra care supported housing scheme in Central Bedfordshire, simply telephone the Housing Register team on **0300 300 8000** or write to us at the address below.





## Extra care supported housing

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### Can I visit Red House Court?

If you would like to visit Red House Court prior to making an application please contact the Independent Living Officer Tel. **01582 865002** and they will make the necessary arrangements.



# Contact Details

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Our schemes are friendly and fun places to live which will ensure your welfare at all times whilst allowing you the independence you require.

For more information contact home finder  
[www.centralbedfordshire.gov.uk/supportedhousing](http://www.centralbedfordshire.gov.uk/supportedhousing)

Alternatively telephone Tel: **0300 300 8000** or Red House Court **01582 865002**

**Central Bedfordshire Council**  
Supported Housing  
Watling House  
High Street North  
Dunstable  
Bedfordshire  
LU6 1LF

**Telephone**  
0300 300 8000

**Email**  
customers@centralbedfordshire.gov.uk

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# Central Bedfordshire in contact

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