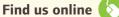
Central **Bedfordshire** 



## **Supporting Families** working alongside you and your family







- Is anyone experiencing problems with their mental health?
- Are there any physical health problems caused by an unhealthy lifestyle or substance misuse?
- Are you struggling with your children's school attendance?
- · Are you trying to get back into work and need some help and guidance?
- Are there other challenges your family is facing?

If you answered YES to two (or more) questions we may be able to help you.

Eligible families will receive support from a Family Partner who will work with the whole family to bring about the positive changes that are important to them.

The Supporting Families programme is a free service funded through Central Bedfordshire Council.

If you think this might work for your family and would like to know more, please contact:

Central Bedfordshire's

Early Help Service

0300 300 8585



