

Ride 1

Leighton Buzzard - Woburn

Distance: 9.7 miles/15.6 km

ALTERNATIVE OFF-ROAD ROUTE

Rushmere - Stockgrove

A At the Rushmere crossroads cycle a few yards along Bragenham Lane then turn right and up the bridleway through the woods past the lake. Ride onto the tarmac road and up the hill to the Rushmere visitor centre where you can get refreshments and admire the view and herons! Continue past the visitor

centre following the surfaced trail until you get to a crossroads with a giant wooden seat. Continue straight on, with the seat on your left and follow the trail. Bear left, past the small Sewage Works then turn right at the crossroads and leave the woods, past Oakwood Cottages on your left and Stockgrove Park House on the right. Continue along the track until you reach the North Lodge (old entrance to Stockgrove Park House) and turn left (with care) onto the bend of Brickhill Road. Cycle

along the narrow metalled road past Blue Gate Farm, around a sharp left-hand bend and into the centre of Great Brickhill where you turn right and continue as below, along Pound Hill.

1 Start at Leighton Buzzard Market Square and cycle west along the High Street; at the end of the street carry straight on through the 'Bus and Cycle Only' section and then bear right into Bridge Street. Cycle past Dorvic's cycle shop then from here you have two choices: **1**) then left and over the zebra crossing in the High Street, turn left and walk along the pavement, over the River Ouzel until the path on the west bank (by the flats). Cycle along this river path until you reach the canal towpath or **2**) turn left into the High Street and cycle along Leighton Road, past the Shell Garage then, just before the zebra crossing turn left onto the pavement and then right over the zebra crossing then straight ahead and along the canal towpath (east side of canal) alongside Tesco's (see inset map for both routes). If using the towpath please cycle considerably with others user in mind.

2 Keep the canal to your left and the Ouzel and Ouzel Water Meadows to your right and carry on cycling past The Globe PH (on your right). Pass under the canal bridge and continue following the canal to the bridge carrying Old Linslade Road. Turn right onto the road and cycle carefully along the narrow and twisty lane until you reach the Rushmere crossroads and the Lodges of Rushmere Park. This is a good site to visit and explore further.



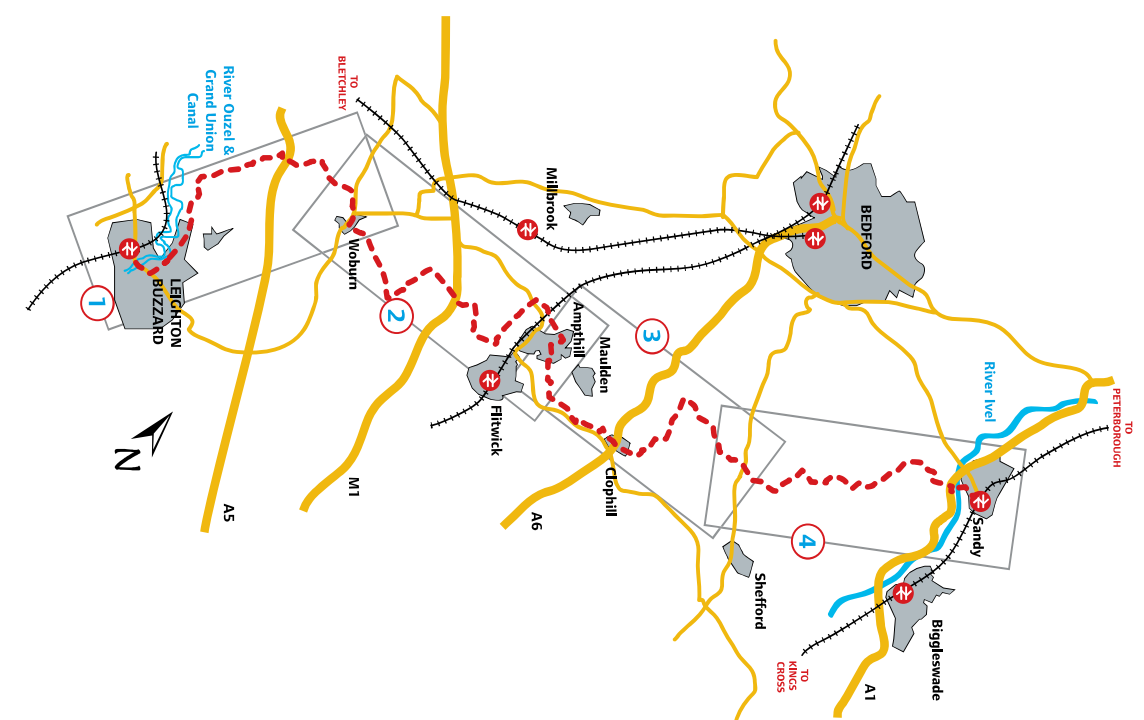
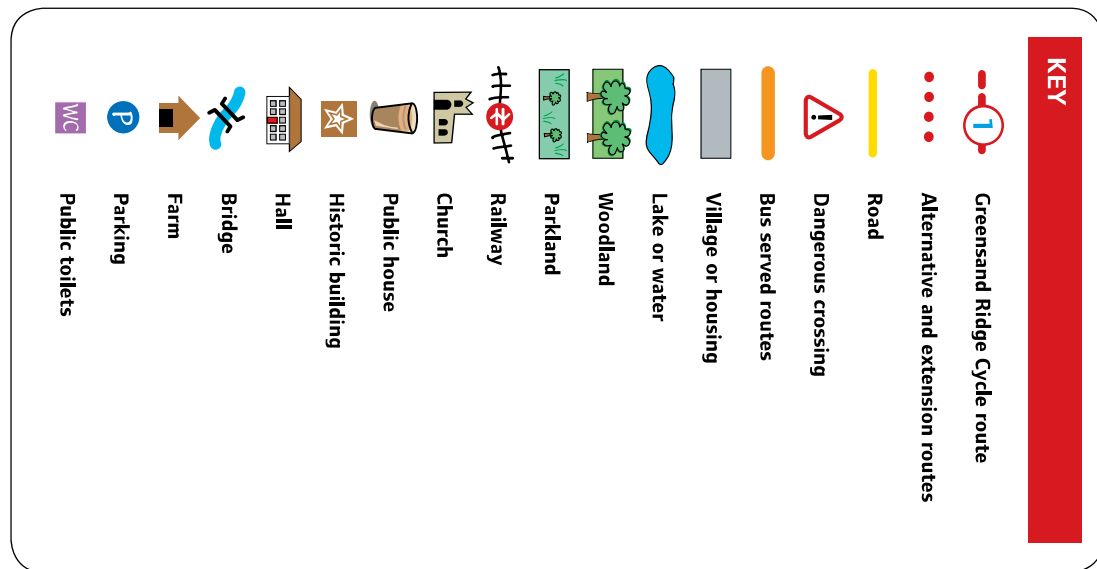
3 Turn left at the crossroads and cycle along Bragenham Lane until you reach a T-junction. Turn right along Ivy Lane and into the village of Great Brickhill. Continue ahead through the village along Ivy Lane, straight over at the crossroads and up Pound Hill.

4 Leave Great Brickhill continuing along the road, past The Moors on the left, and St Margaret's Farm on the right. Continue down the hill past Brookfield Wood and Springfield Farm then into the village of Little Brickhill.

5 At the T-junction turn right, past Little Brickhill church and The Old Rectory. At the roundabout turn left and cross over the A5 via the bridge. Continue along this road with Broomhills Wood on the left.

6 Pass the entrance to the Woburn Golf and Country Club on the left and continue to the T-junction. Turn right and follow the road with Aspley Heath (together with off-road cycle trails) to the left (be aware of traffic). Continue past Longslade Lodge on the left and stop at the T-junction.

7 Turn right onto the A5130 Newport Road (take care here) and ride along the road into the historic small town of Woburn.



Welcome to the
Greensand
Cycle Ride