

Helping your child achieve their best



Happy children and happy adults!

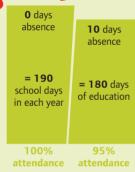
Discussing life plans and ambitions with your child can be fun. You can open their minds to endless possibilities and opportunities; the world is their oyster and they can reach for the stars! Whether they want to be an astronaut, doctor, TV journalist, or teacher... what you do with your child now can really help them on the first steps of this journey.

Research has shown that if your child is absent for just seventeen days a year this could mean they are far less likely to be able to read or write when they leave **primary or lower school**. If your child's annual **attendance** is 85%, they have missed 29 days schooling, which approximately is half a term. Similar statistics relate to arriving to school late; arriving at school regularly 15 minutes late, can result in up to 10 days lost.



Every minute counts and attendance matters!

Good attendance means... being in school at least 95% of the time or 180 to 190 days.









concerned





Very poor attendance serious impact on education and reduces life chances You should be seriously worried

There are 175 non school days a year ...all this time for shopping, holidays and appointments

Getting your child into a good routine now will help them later.

Be prepared – Make sure the uniform and bag is ready. Tiredness – Make sure your child goes to bed at a sensible time.

Set an alarm - Be up and out of bed on time.

Food – Eat a good breakfast.

Time – Talk to your child about what they have been doing at school. Illness – Avoid illnesses by teaching your child to use a tissue and wash their hands.

> **Getting it right when your child starts school means:** mornings are easier | children learn more | everyone is healthier

> > Happy children and happy adults!

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