

Direct Payments: **Sheet 2**

**Central
Bedfordshire**

Support planning



A **Support Plan** tells other people and the Council how you want to use your **Personal Budget**.

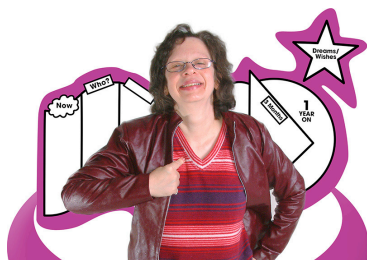


A Personal Budget means you know what your care and support costs.

You can choose to have your Personal Budget as a **Direct Payment** and plan how the money is spent.



Your plan does not have to be written – it can be done in any way that makes sense to you.

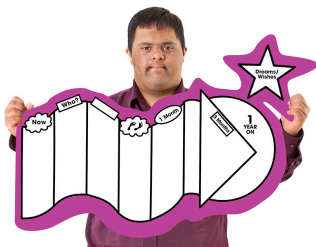


It is important that you are involved in deciding what goes into it – it's your support plan!

However you do your plan, it must tell people about all these things:



- What is important to you



- What you want to happen and the things you want to change



- Who will support you to do these things



- How you will use your personal budget to pay for these things or make them happen



- How your personal budget will be managed.



You can do this yourself with a Direct Payment or tell your **care manager** that you want the council to look after the money for you.



- What you are going to do to make the things in your plan happen



If you **lack capacity** (cannot make these choices for yourself) people must think about what is important to you.

The **Mental Capacity Act** is a law about this.



The Council will check that your Plan says all the things it needs to.



If the Council agree your plan, you can work with people to help you and set up the support you need.



Sheet 3 is about help to organise your care and support.

How to get help with your direct payment:



Talk to your care manager

look on our website:

www.centralbedfordshire.gov.uk/direct-payments

or contact the Direct Payments Team:

Telephone: 0300 300 8341

Email:

directpayments@centralbedfordshire.gov.uk