

Appendix 1 – Personal Budget Services available


What can a Personal Budget pay for?



There are number of services that a Personal Budget can pay for such as travel costs, respite services, assistance with accessing the community or out of school activities, specialist equipment or adaptations at home, school/college or work.

, or help with personal care. These services are grouped into **four**:


1. Services for whole population (universal services) e.g. schools
2. Support for people with common needs e.g. Speech and Language Therapy (SALT) or Child and Adolescent Mental Health (CAHMS)
3. Community wealth
4. Support which is unique to individuals.


The Red Cross (below) indicates service which cannot be offered as a Personal Budget at present, the Green tick indicates services which can be offered.

 **Universal services and the mainstream:** These are activities, resources and services that are accessed by the whole population, for example: mainstream schools, hospital accident and emergency services, GPs and local community nurses, local colleges and work experience provision. These services will not be available for inclusion within a Personal Budget within Central Bedfordshire.

  **Targeted services and support:** These are services and support that are focused on a particular group of people that share a common need or live in a certain geographic area, for example: teenage pregnancy services, cancer support, sensory support services, continuing health care services, speech and language therapy, family activity and fun days, funded short breaks, targeted extra support at school or college (beyond what the school or college can provide).

These services may not currently be available for inclusion within a Personal Budget. However, the local authority and its health partners are committed to making these services available for inclusion in the future, and they are working towards this now. The scope of what services and resources can be included within, and funded by a Personal Budget will continue to increase over time.

 **Social capital and community wealth:** These are networks, provisions and support which exist within communities and neighbourhoods, for example: charity groups, faith groups, interest or hobby clubs, action groups, community activities and local meeting places. These services are available to be secured through a Personal Budget now.

 **Self-directed support:** Individual resources or support that are unique to one child or young person. Any provision that is focused on an individual's

situation, their family, identity, and beliefs, and the support needed to allow them achieve the outcomes that they want for their lives. These may be services or support that are not currently provided by anyone, and are individually devised or created by families themselves to meet the individual needs of their child or young person.

List of services which can currently be offered as a Personal Budget:

Education	Health (including Public Health)	Social Care
	Spot contract (single contract) rather than block arrangements	Spot contract (single contract) rather than block arrangements
	Counselling	Counselling
	Health care assistants	Care assistant
	Respite	Short Breaks/Respite
Education networks, provisions and support	Health funded charity groups, interest or hobby clubs, action groups, community health activities local meeting places	Social charity groups, faith groups, interest or hobby clubs, action groups, community activities and local meeting places

List of services which cannot be offered as a Personal Budget at present:

Education	Health (including Public Health)	Social Care
School Placements or post -16 institutions	National Child Measurement Programme	Child Looked After Placements
	Primary medical services provided by GPs	Services already in a block contract
	Vaccination or immunisation, including population-wide immunisation programmes	
	Screening	
	Health checks	
	Urgent or emergency treatment (A&E)	
	Surgical procedure	
	Specialist Paediatrics	
	Some specialist medical equipment	
	Prescription or dental Charges	
Speech and Language Therapy	Speech and Language Therapy	Speech and Language Therapy