At a meeting of the Health and Wellbeing Board held in the Council Chamber, Monks Walk, Priory House, Shefford, on Wednesday 10 July 2019 from 2.00pm-3.36pm

**Present:**
- Cllr T Stock (Chair)
- Ms. H Moulder (Vice-Chair)

**Members:**
- Ms. D Blackmun, Chief Executive Officer, Healthwatch Central Bedfordshire
- Mr. R Carr, Chief Executive, CBC
- Dr K Corlett, East London NHS Foundation Trust
- Mrs. P Davies, Joint Accountable Officer, Bedfordshire, Luton & Milton Keynes, CCG
- Mr. S Conroy, Chief Executive, Bedford Hospital Trust
- Cllr C Hegley, Executive Member for Adults, Social Care and Housing Operations (HRA)
- Mrs. M Scott, Director of Public Health, CBC

**Apologies:**
- Mr. D Carter
- Cllr S Clark
- Mr. M Coiffait
- Mrs. S Harrison
- Mrs. J Ogley

**Substitutes:**
- Cllr A Dodwell for Cllr S Clark

**Members in Attendance:**
- Cllrs: B Spurr, M Versallion

**Officers in Attendance:**
- Ms. M Carr, Public Health Registrar
- Mr. A Caton, CBSCB Independent Chair
- Mrs. P Coker, Head of Partnerships and Performance Social Care, Health and Housing
- Mr. A Davie, AD Development & Infrastructure
- Ms. S Griffin, Committee Services Officer
- Ms. V Head, Chief Officer for Population Health Intelligence
- Ms. J Meehan, East London NHS Foundation Trust
- Mrs. P Scott, Strategic Safeguarding Partnership Manager
- Mr. M Thompson, Chief Operating Officer, Bedfordshire CCG
- Mrs. S Tyler, Assistant Director Children’s Services Business and Supporting Services
1. **Election of Chair**

The Board noted that Councillor T Stock had been elected Chair of the Health and Wellbeing Board for the Municipal Year 2019/20.

2. **Election of Vice Chair**

RESOLVED that the Ms H Moulder, Chair of Bedfordshire Clinical Commissioning Group be elected as Vice-Chair for the Municipal Year 2019/20.

3. **Minutes**

RESOLVED that the minutes of the meeting of the Central Bedfordshire Health and Wellbeing Board held on 23 January 2019 be confirmed as a correct record and signed by the Chairman subject to the following amendment to the attendance details:

Ms H Moulder, NHS Bedfordshire.

4. **Member’s Interests**

None were declared

5. **Chairman’s Announcements**

The Chairman made the following announcements:

- As Executive Member for Health & Well-being and Communities she was delighted to take on the role as Chair of the Health and Wellbeing Board.
- Cllr B Spurr was thanked for his work as the previous Chair on the Health and Wellbeing Board.
- The World Health Organisation defined health as “a state of complete physical, mental and social well-being, not merely the absence of disease or infirmity”.
- The Health and Wellbeing Board should continue to have the open discussions in which partners would each other to account to achieve the best outcomes in Central Bedfordshire.
- The Health and Social Care Secretary Matt Hancock had confirmed that local authorities will continue to commission public health services, specifically sexual health.

6. **Public Participation**

No members of the public had registered to speak.
7. Ensuring Growth delivers improvements in health and wellbeing for current and future residents.

The Board received a presentation on the findings and implications of the Wellbeing in New Communities’ residents survey and commented as follows:

- It would be helpful to understand the impact of development on existing as well as new communities.
- The findings should be shared with developers.
- This piece of work tied into the Health and Wellbeing Strategy and it was necessary to define the next steps in response to the findings.
- The outcomes of the survey linked with the Health and Wellbeing Strategy and focus in the context of growth and ensuring that new developments help people live healthily.
- Residents wanted to feel confident that the infrastructure would be in place to support new development, including access to health services.
- The issues and points raised from the survey could be taken forward by the Regeneration Team for consideration when strategies and design guides when being formulated.

NOTED

the presentation on the findings and implications of the Wellbeing in New Communities’ residents survey.

8. Driving Change to improve mental health and wellbeing for people of all ages.

The Board received a report on the findings of the Mental Health Needs Assessment for Children and Young People.

Points and comments included:

- One of the conclusions from the Mental Health Needs Assessment was that there was still more that could and should be done, particularly around prevention and early identification and response. How and when would this work be taken forward?
- The biennial School Health Education Unit (SHEU) survey for 2019 had recently been commissioned for all Central Bedfordshire schools and colleges. The survey was a useful tool for education settings to gain an understanding of pupil health and wellbeing. There was to need to ensure that schools completed this as there had been learning from the outcomes of the previous survey in 2017.
- The report suggested that in 2018/19, 34 per cent of referrals to CAMHs were not accepted and were signposted to alternative support. Where were the referrals from, what services were they signposted to, was the initial referral inappropriate?
- Concern was expressed about capacity in schools and that this was affecting some of the teacher’s wellbeing. Building resilience through whole school approaches should remain a priority, including supporting teacher wellbeing. Thought also needed to be given to those children within family units living in temporary accommodation.
- The report appeared to omit the role of voluntary sector. The voice of the child was also integral to this piece of work.
• Concern was expressed about where young people were being signposted to. Work needed to take place across the community to address inappropriate referrals due to issues such as lack of sleep.
• The Thrive Framework was an example of an integrated, person-centric model of care.
• Further work needed to be done around children’s resilience, upskilling the whole workforce, supporting teachers including looking at the use of digital platforms and applications.
• The assessment gave a sense of the rising demands and concerns but not of how and when the impact would be known.
• The assessment was a starting point to identify issues. Further work needed to take place across the whole system to identify demands and what could be put in place to help address this.
• Kooth, the online counselling and emotional well-being platform for children and young people was a real opportunity to support some of the gaps identified.
• It was important to ensure that the system was effective in responding to mental health issues when they occurred but with an appropriate focus on resilience to ensure people don’t succumb to these issues in the first place.

**NOTED**

the findings from the health needs assessment

**RESOLVED**

that the recommendations from the Health Needs Assessment outlined in paragraphs 20-30 of the report be endorsed and included in the delivery framework of the Joint Health and Wellbeing Strategy.

9. Local Safeguarding Children (LSCB) Board Annual Report

The Board received the Local Safeguarding Children Board Annual Report 2017/18.

Points and comments included:

• The Central Bedfordshire Safeguarding Children Board is a statutory partnership focussed on keeping children safe and promoting their welfare, making sure this work was effective.
• Safeguarding continued to be complex and challenging for all partner agencies who continued to work in an environment characterised by fewer resources and increased demand.
• The figures for private foster carers were notional as the exact number both in Central Bedfordshire and nationally remained unknown. Work was taking place with GPs and Health partners to identify children placed with private fosters and to ensure that the appropriate referrals were being made to Children’s Services.
• Thought needed to be given to care leavers as these were increasing not decreasing.
• The future safeguarding arrangements in Central Bedfordshire would include changes to the current structures and where Executive Board sits. Three key partners (Central Bedfordshire Council, the Police and the Clinical Commissioning Group) would lead the
safeguarding work. The decision had been made to retain an Independent Chair in Central Bedfordshire.

- The move to the PAN Bedfordshire approach for work in sub groups had negated the requirement for staff from partner organisations to attend multiple meetings. Staff were now able to share work where possible and to standardise referrals into agencies such as the MASH.

**NOTED**

the Local Safeguarding Children Board Annual Report 2017/18.

10. Integrated Care System

The Board received an update on key developments within the Bedfordshire, Luton and Milton Keynes Integrated Care System

Points and comments included:

- The report touched on the key issues for the development of a Five-Year Plan in the context of aligning with the aspirations of the NHS Long Term Plan, reflecting Joint Health and Wellbeing Strategies what matters to the public.
- There were a lot of mandated requirements from NHSE that needed to be recognized.
- The scale of growth anticipated and potential impact on health infrastructure was recognised and Health will now be part of the cross-government group working on the Oxford-Cambridge Arc and its implications. There were significant ‘here and now’ issues but also planning for the level of growth that is coming was important.
- The uncertainty of the future funding of social care remained a concern.
- Work on developing the five Integrated Health and Care Hubs was progressing. A report providing further information and details of progress would be given at the October meeting of the Health and Wellbeing Board.

**NOTED**

the update and progress being made on the key priority areas.


**RESOLVED**

that the work programme be approved subject to the amendments requested.

Chair ....................................................

Dated ....................................................