

Here is a sample of courses starting soon... for more courses and to enrol please call 01582 818737.

Art and Craft Courses			
Course title	Venue	Start date	Times
Floristry for All	Redborne Upper School (North)	Wed 23 Sept	19:00-21:00
Metalwork for All	Redborne Upper School (North)	Tue 22 Sept	19:30-21:30
Pottery for All	Redborne Upper School (North)	Mon 21 Sept	19:30-21:30
Pottery OCN	Redborne Upper School (North)	Wed 23 Sept	19:30-22:00
Pottery Intermediate	Redborne Upper School (North)	Wed 23 Sept	19:30-21:30
Watercolour Techniques	Downside Community College	Mon 21 Sept	13:15-15:15

Photography			
Digital Photography - Beginners	Kingsland Skills & Enterprise Centre	Thu 17 Sept	12:00-14:00
Digital Photography - Intermediate	Kingsland Skills & Enterprise Centre	Tue 15 Sept	12:00-14:00
Digital Photography - Advanced	Kingsland Skills & Enterprise Centre	Thu 7 Jan	12:00-14:00

Sport and Fitness Courses			
Boxercise	Kingsland Skills & Enterprise Centre	Mon 21 Sept	19:00-20:00
Circuit Training	Kingsland Skills & Enterprise Centre	Mon 21 Sept	20:15-21:15
Keep Fit (KFA)	Templefield Lower School	Tue 22 Sept	19:45-21:00
Pilates - Mixed Ability	Kingsland Skills & Enterprise Centre	Wed 23 Sept Fri 25 Sept	18:40-19:40 12:00-13:00
Tai Chi Complete Beginners	Redborne Upper School (North)	Tue 22 Sept	20:40-21:40
Tai Chi Beginners	Kingsland Skills & Enterprise Centre	Mon 21 Sept	13:45-14:45
Yoga Beginners	Redborne Upper School (South)	Wed 30 Sept	19:30-21:00

If you want to study with a view to gaining employment, changing your career path or furthering your career and are unsure which qualifications would be of most help, we can put you in touch with an independent careers advisor. Call your local office or call free on 0808 100 3140.

Computing Courses			
Computing for Beginners	Kingsland Skills & Enterprise Centre	Tue 22 Sept	09:30-11:30
Internet Beginners	Kingsland Skills & Enterprise Centre	Fri 18 Sept	12:00-14:00
Databases - An Introduction	Kingsland Skills & Enterprise Centre	Thu 17 Sept	09:30-11:30
Desktop Publishing for Beginners	Kingsland Skills & Enterprise Centre	Wed 16 Sept	09:30-11:30
Spreadsheets - flexible format	Kingsland Skills & Enterprise Centre	Mon 5 Oct	12:30-15:00
ECDL Essentials (IT Qualification level 1)	Kingsland Skills & Enterprise Centre	Fri 6 Nov	09:30-11:30
Word Processing – An Introduction	Kingsland Skills & Enterprise Centre	Wed 16 Sept	12:00-14:00
Word Processing Level 1	Kingsland Skills & Enterprise Centre	Wed 4 Nov	12:00-14:00

Modern Language Courses			
French - An Introduction Stage 1A	Redborne Upper School (North)	Tue 29 Sept	19:30-21:30
French Stage 2A	Queensbury School, Dunstable	Mon 28 Sept	19:30-21:30
Italian - An Introduction Stage 1A	Redborne Upper School (North)	Wed 30 Sept	19:30-21:30
Spanish First Steps	Kingsland Skills & Enterprise Centre	Tue 3 Nov	10:00-12:00
Spanish Stage 3A	Redborne Upper School (North)	Mon 28 Sept	19:30-21:30

General Interest Courses			
British Sign Language Level 1	Kingsland Skills & Enterprise Centre	Thu 17 Sept	19:00-21:00
British Sign Language Level 2	Redborne Upper School (North)	Tue 15 Sept	19:00-21:30

For our full listing of courses visit: www.myfuturetoday.org.uk or call your local centre.

Enrolment, Information, Advice & Guidance Sessions

at Kingsland Skills & Enterprise Centre,
Parkside Drive, Houghton Regis

Monday 7th September 2009

11.00am - 3.00pm & 5.00pm - 8.00pm

Call 01582 818737 to book.

We also offer courses in:

Family Learning

Maths & English

NVQs

GCSEs

Interview Techniques & CV Writing

English for Speakers of Other Languages

Preparing to Teach in the Lifelong Learning Sector

www.myfuturetoday.org.uk



Kingsland Skills & Enterprise Centre

Monday to Friday 9.00am - 5.00pm
Wednesday evening 7.00pm - 9.00pm

For full information please call 01582 818723.

If you have a suggestion for a course give us a call on
01582 818737 and we will try to arrange it for you.



Central Bedfordshire Council
and Bedford Borough Council
working together



Spark Adult
& Community Learning

Adult Learning Courses in Ampthill, Flitwick, Dunstable, Houghton Regis & surrounding areas

Autumn 2009

Your local Adult & Community
Learning Centre is:

Kingsland Skills & Enterprise Centre
Parkside Drive
Houghton Regis
Beds
LU5 5PY

01582 818737

COURSES ENROLLING NOW!

This leaflet just shows a sample of our
courses.
For a full listing visit:
myfuturetoday.org.uk