The Central Bedfordshire Pupil Health and Wellbeing Survey (SHEU survey) 2019
Fact sheet

What is The Central Bedfordshire pupil health and wellbeing survey?
The survey is our local version of an established questionnaire developed by the Schools Health Education Unit (SHEU). The Central Bedfordshire Council (CBC) Public Health team have periodically commissioned this survey since the late 1990s and its popularity has increased year on year. In 2017, over 5000 pupils took part! This survey is completely funded by CBC and is offered free to any Central Bedfordshire school or college. The survey can be completed on paper or online and asks a range of questions about pupil’s perceptions of their own health and wellbeing.

What topics are included?

- Physical activity
- Drugs and alcohol
- Smoking
- Happiness and worries
- Relationships
- Resilience

Why take part?
The quality of the data collected is considered very robust and will:

- inform the development of school policies, curriculum priorities and interventions in line with the things that matter most to pupils
- provide evidence of good practice for Ofsted inspections
• inform a whole school approach to the health and wellbeing of pupils, reducing absenteeism and enabling children and young people to reach their academic potential
• help the Council, its commissioned services and its partners to plan services according to local need.

Who is involved?

We are inviting all schools, colleges and special schools in CBC with Year 4, 6, 8, 10 and 12 pupils to take part in the survey. We would like all pupils in these year groups at your school to take part. Combined year groups may also take part.

There are 3 age appropriate versions of the survey: a Year 4 and Year 6 version (Primary) and a Years 8, 10 and 12 version (secondary), as well as special school versions to suit all abilities.

Are school results confidential?

Yes.

Pupil-level information is non-identifiable, although the school will be alerted to any information raising child protection concerns in any year group.

School data will be kept confidential.

Only selected officers of the Council (i.e. The Public Health Senior Practitioner and selected staff from the Public Health team) will have access to school-level data.

However, schools are encouraged to share their data with

• all staff, parents and pupils,
• other schools in the cluster
• the School Improvement team,
• their School Nurse
• the school’s Child Adolescent Mental Health (CAMH) Practitioner, to discuss a whole school approach to health and wellbeing of students.

What do schools need to do?

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<tr>
<th>The school’s role:</th>
<th>The school will receive:</th>
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<tbody>
<tr>
<td><strong>Contact Sarah James</strong> <em>(<a href="mailto:pshe.network@centralbedfordshire.gov.uk">pshe.network@centralbedfordshire.gov.uk</a>)</em> to register your school or college <strong>by the end of the academic year July 2019.</strong> Please state the year group(s), numbers of children being surveyed and the contact details of the lead in your school.</td>
<td><strong>All materials</strong> needed to carry out the survey, including model letters for parents/carers, briefing notes for staff, questionnaires and feedback forms</td>
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**Identify a member of staff** to manage and supervise the completion of the questionnaire

**A confidential school specific report** containing a summary of key aspects of the data, including a comparison with the overall county picture

**Identify the classes/forms** in the target year groups

**Benchmarked results** (to enable you to compare your results with other schools’)

**Brief colleagues, parents/carers, and the pupils**, in advance of the survey

**A Cluster report** to enable targeting of need across your school’s geographical area

**Allocate up to 40 minutes of lesson time** in the two-week period between **4th November and 15th November 2019** for pupils to complete the questionnaire

**Guidance** on interpreting the final results

**Return the completed surveys** to the SHEU **before the end of the autumn term 2019** as instructed

**An invitation** to a free results event to network with colleagues and service providers and to receive a presentation on the CBC results.

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**Key dates**

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<th>Register your school</th>
<th>Complete the survey</th>
<th>return the survey</th>
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<tr>
<td>• Before the end of the Summer term July 2019</td>
<td>• Between 4th November and 15th November 2019</td>
<td>• Before the end of the Autumn term December 2019</td>
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**Contact us...**
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by email: pshe.network@centralbedfordshire.gov.uk
Write to Central Bedfordshire Council, Priory House, Monks Walk, Chicksands, Shefford, Bedfordshire SG17 5TQ